



MINUTES

General Assembly 2019 in Lisbon:

at Nobel Hall, Psychiatric Hospital Center of Lisbon, Av. do Basil 53, Lisbon

October 5th Saturday 9.30 – 18.30 & Sunday 6th 9.00 – 15.00

Saturday 5th October 2019

9.30 Convene

1. President's welcome & opening of 2019 General Assembly (GA)
Thanks to PRAIA – especially Lilliane and Ana
The city of Lisbon is a symbol of the opening of Europe to the America and the world.
Significant of the welcome to Europe and the world over. Greetings to Delegates, Deputies and Observers. Also to Working Groups – our engine force.
2. Acknowledgement of appropriate invitation
This is acknowledged
3. Ensure quorum of meeting:
1/3rd of all Full Members must be present = 6 Members
Quorum met
24 Votes in total
4. Call for Chair of GA (President unless otherwise agreed)
Vincenzo will take the Chair
5. Call Minutes keeper/scribe
Susan Scarth
6. Acknowledge Financial Audit Committee –
Rosamaria Rodriguez (Spain) and Annelies Stoffel (Switzerland)
7. Presentation & agreement of Agenda - topics & order of discussion
Call for further items? None came forward.
Agenda approved
8. Approval of GA 2018 Minutes – Matters arising from 2018 Minutes
a true and accurate record of the Meeting
Small corrections made in draft.

15. Clarify “World Alliance” or “Global Affiliation”?

20. Working Groups: Ana Coimbra and Rosamaria Rodriguez are also part of the Research WG

Approval of Minutes

24 Votes approve

9. Board’s report - including Actions - taken & suspended

A: President - Vincenzo

Due to reducing travel costs – Board met twice in person and increased Skype meetings.

Main objective to stimulate continued awareness of EADMT in Europe

To support WGs – the board members sit on different groups

Thanks to the Coordinators of all the WGs

Thanks to Membership Committee

It has been important to support Elli Kita’s new role in Communications and the development of her role.

The President has been in touch with ECArTE and the European Federation of Arts Therapies with particular interest in the development of Training Standards and Professional Recognition.

B: Secretary - Imke

a) Created the profiles of the Delegates. These are now on website.

b) Initiating the renewal process of each Member Association. Important to check in with your association regarding numbers in the association etc

c) As a result, Imke has been working closely with the Membership committee

d) The numbers of the professional members of each Member are sought. The actual sizes of each Member changes dramatically, as students and Associates are removed. See Doc 1 for details (the numbers of the UK are only estimated and don’t seem correct).

C: Communications - Elli

a) Big year to get a handle on all the matters regarding communications in EADMT

b) The website has had new pages added (e.g. profiles of Board and Delegates, started WG page – in development).

To be noted: The WGs shall send two reports: 1.– objectives of the year, 2.- What has happened in the year. If the WGs need docs uploaded they must be clearly stated to Elli.

c) Facebook page

d) Newsletter – Was helped by Iza Guzek, and now it has started, but needs further news to come in. The Communication WG will develop proposals for how to develop this.

e) Listserve – Are people receiving the emails from listserve?

f) Communication is complex and an exciting place to be! All social media infrastructure has been very good – the spine exists, but we need some muscles! Elli makes a call for people interested in assisting in the spreading of info and communicating EADMT matters. Also need to consider the internal communication system. Please come and work together with me.

Question: Is there someone who will communicate with the ADTA? The President undertakes this job. Attendance at ADTA conference would be valuable.

10. Treasurer's report- Shirley

Financial year June 1st – May 31st

Euro account has been set up since 1 ½ years and is based in Germany. See Doc 2 for details.

Closing balance on May 31st – 12.584,00 €

UK account due to be closed this year.

Audited accounts to be made available to all Members: See Doc 2a-2d

11. Auditing Committee's report

The auditing committee are happy with the accounts

12. Discussion arising from reports

Website cost? Iza asks what is this is about? A brief discussion was made to clarify that we had to pay a specialist (Panos) to train me and to make some changes on the site that are not available to non-specialists. Some info was given by Elli about how the site panel works.

Ines F.T. (Italy) brings up the issue regarding cross-border DMT recognition which needs to be discussed and clarified by EADMT members (and to be continued next year).

13. GA approval of business and activity of the Board 2018- 2019 **24 Votes approve**

14. Proposals (1 – 7) from the Board

The Global Affiliation group looked at the Statutes and Rules of Procedure to see what necessary changes are needed and must be approved by the Notary.

See Doc 3

Proposal 1: 24 Votes approve

Proposal 2: 24 Votes approve

Proposal 3: 24 Votes approve

Proposal 4: Discussion regarding whether secretary@eadmt.com should be named in the Statutes. Possibility that the email removed, but this will require a further proposal.

16 Votes approve, 6 against, 2 abstentions

Proposal 5: 16 Votes approve, 6 Against, 2 Abstentions

Proposal 6: 21 Votes approve, 3 abstentions

Proposal 7: 20 Votes approve, 4 abstentions

ACTION: Please can Board check if amendments to the Rules of Procedures Proposals can be considered at GA

15. Membership Committee Report: Iza & Indra

15.1. Renewal of Full Basic Professional membership for Switzerland **24 Votes approve**

15.2. New Application as Full Basic Professional Members

- a) Slovenia - **24 Votes approve**
- b) Belgium – DMT division of Belgium CATs, 33 members, registration system in Jan 2020
24 Votes approve
- 15.3. New Application as Full Professional: Estonia **24 Votes Approve**

12.00 Lunch Break – 13:30

13.30 re-convene

15. Membership Committee Report: continued
- 15.4. Full Professional Members – to be renewed in 2020
Germany – reviewers are Hungary & Estonia
Greece – reviewers are Italy & Russia
Italy - reviewers are Greece & Latvia
Hungary – reviewers are Latvia & Netherlands
Netherlands - reviewers are UK & Spain
Poland - reviewers are Germany & Italy
Russia – Reviewers are UK & Netherlands
Spain – reviewers are Greece & Russia
UK - reviewers are Spain & Poland
- 15.5. Full-Basic Professional Members – to be renewed in 2020
Czech Republic - reviewers are Belgium & Austria
France - reviewers are Austria & Switzerland

Details for renewal will be sent to each Member in January 2020 (***NB: Due to various changes in documentation and procedure and Adoption of Training Standards 2020, the GA agreed to postpone Renewal of Full Professional Members until 2021***) and applications must be received by end of February 2021. Each application will be sent to 2 other Members. The review must be completed by end of April 2021. June 1st is the final date for receiving renewal documents.

NB: Due to new members (2 from Estonia, 1 from Belgium) we now have 27 Votes

16. Board proposal for Re-election of out-going board member Vincenzo Puxeddu
Election by secret ballot **27 Votes approve**
17. Voting new Board Member: Proposals for new Board Members to be presented
Election by secret ballot
Two proposals for new Board Members: Iza Guzek and Richard Coaten
Iza – **17 votes**
Richard – **10 votes**
Iza is voted to the Board
18. Acknowledgment of outgoing board member Shirley Mawer
Vincenzo thanks her for her work as Treasurer and as Board Member. We hope to continue to work together, as she fulfills another role in the organisation.
Imke hands over a present and acknowledgment to Shirley from the board.

15.30 Report from the Working Groups

1. State Recognition WG - Vincenzo P.: the questionnaire

First step of collaboration – to discover the real situation between each country.

See Doc 4 for details

NB 3 countries with full State recognition – Latvia and Switzerland – now Estonia also.

Partial State recognition – UK, Netherland and Italy

Special recognition – Germany

Who are the governing bodies in each state who undertakes the professional recognition?

Why is this important? Title of DMT is protected, the competencies and standards are met and recognised, health insurance issues are clarified regarding individuals accessing DMT, wages and employment rights are affected.

Delicate question regarding 'psychotherapy' – Many countries have a specific law regarding 'psychotherapy'. 14 countries have a law, 8 countries do not. So, what are the rules/criteria? Is there a requirement for a basic qualification in Psychology or Medicine? And are there requirements of a specific psychotherapy qualification? We need to explore this issue more deeply.

Regarding where DMTs are trained – State or Private? Most DMTs are trained in an institution.

Rosamaria suggested that those successful countries that have reached State recognition, share their process with other Members.

ACTION: Annelies to send relevant article about Recognition Process for dissemination to the Secretary and the President

Vincenzo hopes to have a space on the website for each Member – written in English – to share each Member's activity and other relevant issues. This is where matters regarding State Recognition can be posted.

Art, Music and Drama Therapy have each formed European Federations, or in the case of Music Therapy a Confederation. Vincenzo has been exploring the possibility of collaboration with ECARTe (a European consortium of universities providing Arts Therapies education) and the other Federations/Confederations.

Lucia (Germany) asks question regarding standards of employment and levels of pay and if there is any support from EADMT towards addressing this issue.

15.30 Coffee Break

2. Global Affiliation WG - Amanda K: Proposals (8 – 19)

How does EADMT reach out to the other countries, not directly geographically, to Europe.

In the first instance we have discussed the position of Israel in EADMT.

See Doc 5 – Proposal 8 - 19

Austria – Asking question regarding position of Israel in Europe. What about Turkey? Turkey is in Europe.

Jessica (Sweden) – as part of the working group, shared something of the discussion and the advice they sought in coming to their proposal. Other Arts Therapies Federations include Israel – but there is no formalisation of this in their Statutes. She stressed the need for a framework.

Rosemarie (Netherlands) - What about the World Alliance and Canada as they have expressed their interest in being connected to EADMT? And how do the Training Standards are included, if at all, in an Affiliated Member – as proposed?

Vincenzo shares that the World Alliance is a network for individuals and some institutions, not professional DMT associations. Perhaps, in the future, professional DMT associations from outside Europe, can be affiliated by the Global Affiliation, and thus, be connected with us to share information and professional issues. The 'affiliate' relationship may or may not be strong.

However, Israel's situation is different because they have a strong relationship with EADMT and they are clearly interested in strengthening their relationship with EADMT, the only way to be organically integrated is to be considered an exception.

Hilda (Israel) tells the GA more about the roles Israel takes in other Associations in Europe.

Proposal 8-15: To include Israel in the Statutes **22 Votes approve, 3 against, 2 abstentions**

Proposal 16-18: Affiliate Members:

Question from Rosamarie (Netherlands) regarding if Affiliate Members should also adhere to the EADMT Training Standards? Iza (Poland/Board) suggests there will be another process to consider the criteria that Affiliate Members apply by.

Article 4 defines Membership – where Associate Members are defined. Is the difference between an Affiliate Member and an Associate Member different enough? There should be a clear line drawn between those Associate Members who are DMT Associations and those other.

7 votes approve, 8 against, 12 abstentions

The proposals 16-18 are dismissed. The Global Affiliation WG may revise these proposals and present new suggestions to define Affiliate Members next year again.

3. Training Standard WG - Susan S.

Proposed guidelines accepted. See Doc 6, 7 & 8

4. Conference Group – Rosamaria R-J

Thank you to Greek Association for their organisation of the very successful conference in 2018. They have helped with the Feedback from participants. The conclusions are at the end of the report. See Doc 9

Conference is an important funding vehicle

The time allowed for preparing for a Conference is at least 2 years

A Job Description needed for the roles taken in the preparation of a Conference.
Communication between Board and Committee and Hosting Country needs to be very clear.
Timing for next conference Autumn 2022. Place, dates etc to be decided in 2020 GA
Launch of Conference programme aims for Jan/Feb 2022
The 2022 Conference will be held in Germany and hosted by BTd. Possibly Berlin, but not decided.

5. Research WG - Rosemarie S.

Have met online x 2 and discussed the three main points:

- a) Can we arrange a Lit database for the EADMT website
- b) Can we create a thesis database
- c) Loosen up the poster sessions with more playful-scientific perspective – Science Café

c) The group propose that the group appoint 1 or 2 people to join the conference Group to discuss where and how the Café can be added.

The Group will also take some suggestions from the feedback forms to the discussion

b) Iris Braeuninger has been happy to bring her database to the EADMT website. The website might identify specific themes for ease of exploration. We need to find a way to organise this on the website – where to put it, how to make it accessible etc? Who might access it? The board member for Communications shall explore the accessibility of the website. The GA might need to vote on whether there is a Member's Only page on the website etc.

The database idea came from students who are seeking first ideas – so accessibility is an important issue.

a) Thesis/Research database has been present in the EADMT and been used in UK. So a format from existing formats has been designed and shared with the Members.

Guidelines to be written by the Research Group.

Barbara (Germany) – which countries run a database? How to combine existing databases?
Rosemarie (Netherlands) – we cannot publish anything on our website without permission from the institution where the research was undertaken, and there is a GDPR issue also.

Vincenzo requests the Research group to clarify the process to be undertaken to collect database. There are technical and privacy issues to be thought through. WG to address these issues and bring back to the GA on Sunday. There is a step-by-step process, the first one is to make databases available to professional access across all Members.

Other considerations:

1. Research projects across Europe, between Universities etc
2. How to apply for funding for cross-Europe projects

Rosamaria (Spain) – regarding how to support those who are not Delegates, Board Members etc to be present at GA and undertake the work they do.

6. Communication WG - Elli K.

Elli raises the issue of requiring assistance and engagement in the Communications Group

Sunday 6th October 2019

09.00 GA Convenes

19. Agenda of morning agreed

Vincenzo opens the day and confirms the agenda for the day

20. New Board informs GA of official roles and responsibilities

Confirming Membership of Board by GA

Welcome Izabela Guzek as Treasurer,

25 Votes approve

Thank you to Richard Coaten for presenting himself so well as potential new board member.

Vincenzo states that Board wish that he remains as Delegate for UK and an active member of Conference Working Group.

21. Working parties, committees & moving forward with these

Membership Committee

Renewal of Full-Professional Membership is very complicated. We realise we need to delay the renewal process to one year later. This gives time for NAs to receive information regarding Training Standards to receive information re: training programmes etc. New Renewal forms will be presented at next GA.

However, the Full-Basic renewals will be completed as decided already.

Delay approved by 27 Votes

State Recognition WG

- How to explore more deeply the information received from questionnaires received.
- How to share information that is helpful to each NA to elucidate the whole picture.
- How to support NAs in their State Recognition process. Perhaps the man who worked with Switzerland to gain State Recognition for them would be willing to support other NAs in EADMT. Dietrich will be invited to offer a seminar at next GA.
- Could EADMT provide some of the cost to supporting this process?
- The group is spreading the work of the questionnaire between themselves and will meet by skype in Jan 2020.
- The State Recognition Group asks for a specific person for this matter.

Training Standards WG

- Susan presents the 2017 Training Standards with clarification in the document, but no changes
- The Questionnaire - also presented to GA – requires further attention. This document should be sent to all NAs for distribution to all training programmes for completion and return to NAs. This is a tool for NAs to ascertain which programmes meet, or strive to meet, the EADMT Training Standards
- To work closely with Membership Committee to clarify the Questionnaire and other issues arising from the Membership Renewal process

Research WG

- Masters theses database thought about
- Literature database considered
- Committed to scientific input for design and planning next conference
- Future tasks:
 1. Strong need to connect across countries re: topics, questions, procedures and measurement tools. Helps with survival in academic community
 2. Topics from professional field into research area and vice versa. This is an urgent appeal to get the communication
 3. Can we share information at the GA regarding research topics being worked on at the present.

Conference WG

Thinking about a theme for the next conference and would like some thoughts from the GA. We would like to attract other professionals and so the title offers a broader interest;

- Embodying Rhythms of Change: Restoring Flow. *in gender, sexuality and the traumatised soul??*
 - Consider the different rhythms through life-span concepts of gender, sexuality etc.
- Sub-themes: 1. Gender and sexuality
2. Trauma

During this year we have time to clarify the roles and tasks of those in the Conference and research committees. Rosamaria will ensure the flow of information between the two groups. Need to clarify operational issues.

Global Affiliation WG

1. Re-considering the issue of Affiliate membership
2. Membership category: Affiliate applications forms and criteria for application/acceptance
3. Considering other countries and their interests in joining EADMT, The Statutes might read in future as follows:
 - 4.2 The Associate Members are national DMT associations members who do not as yet meet the standards for EADMT membership. *To be removed:* [or other constituted organisations interested in the aims and activities of the EADMT]
 - 4.3 Global Affiliated Members are National DMT Associations from outside of Europe or an associated organisation that are interested in the work of EADMT.

Vincenzo – agreed that the Statutes need to address the difference between Associate and Affiliate Members. He also asked us to consider the World Alliance for DMT and stated that the World Alliance is not for professional associations but for individuals or any kind of institution. So perhaps EADMT should invite professional bodies only.

Communication WG

Met for first time so time spent getting to know each other and the tasks facing the Communication WG.

- Group looks at visibility of website to broaden information available on the website
- Improve the use of LinkedIn
- Improve the posts to be posted on Facebook
- Consider how we might improve EADMT website and become more useful to NAs
- How might we improve communication between EADMT WGs
- Can there be a Closed Directory on the website and how can we make this available and to whom
- Important to look at what has been done so far and get to know our website so we can work out how to change for the better – this to be undertaken up until December
- Group to see if we can improve our internal communications within EADMT – what are the channels etc – make a chart of the network
- The Newsletter will continue – so how can we make it easier to produce.
- There is a link on the website to each NA's website – perhaps we can have a News page for each Member

22. Dialogue around what happens with these groups during the year

ACTION: All Working Groups to produce a report on the GA work and add timing of meetings.

This to be produced by Jan 2020

NB All proposals for consideration at GA should be with Board by June 1st 2020

23. Any other Business

23.1. New **Membership Committee** member – Mette Oerbaek (Denmark)

23.2. The Board have considered offering **voluntary financial help** to attend the GA to those DMTs offering voluntary work as a Co-ordinator of a Working Group. Discussion. Suggestion that each Working Group decide who might apply for funds of 100,-€ towards travel.

23.3 **Ethical Committee** – Annelies and Kata will be standing down as Delegates of their NAs and so they wish to stand down from the Ethical Committee

Julie thanks the current and previous Ethical Committee, and praises the established Complaints Procedure (completed by Zuzanna Pedzich and Susan Scarth) – as it has proved a very valuable tool when addressing some difficulties on a local issue.

Board to hold this role for 2019/20 while they consider who could be invited to hold this role in the future.

23.4. **Next GA** – to be held in Netherlands.

Dates: Saturday 3rd- Monday 5th October 2020. GA will be Sunday afternoon to Monday 3pm.

Space/Venue to be decided.

Netherlands are suggesting a Symposium – and will invite a Keynote speaker and develop a theme for workshops: maybe Neuro-cognitive Disorders.

24. Reflections on Lisbon's GA

Vincenzo thanks PRAIA, and Delegates, for their attention to the work of the GA, and leaves for plane

Comments shared by participants:

a) The GA Team were very personal and accessible in the process of responding to delegates.

b) It has been a great honour to spend time in this hospital and be able to walk and work here amongst patients and staff.

c) Could there be more green approach to refreshments? Less throw-away.

d) Is there a way to involve the observers more in the GA business? Sara (UK) shares she is outside her comfort zone as a non-speaking participant. Also, to acknowledge the exhaustion experienced by those working here in a 2nd language.

e) Mette (Denmark) would like to share something of DMT in the external community where we are being hosted. Imke suggests the idea of a Flashmob.

f) Kitty (Netherlands) would have liked an introduction from each Delegate and Board. Imke points out that this can take a whole hour but should be considered for the next GA again.

g) Julia (Russia) suggests a skills development workshop regarding more practical skills e.g. preparing a Poster session, working with media etc. in future GA and/or Conference

h) Could we have more dancing together at beginning of the GA (Richard – UK)

25. Considerations for date and location of next conference 2022 – Germany. Dates proposed: 7th-9th October 2022 **25 Votes approve**

26. Dates and hosting confirmation for GA 2021, 2023 - Estonia and/or Helsinki considering. Making decision and getting back to Board by Feb 2020

Making connections by holding hands (Annlies' suggestion)

Acknowledgment of outgoing delegates: Annlies (Switzerland) and Katalin Vermes (Hungary).

15.00 End of GA



Signature Minute Keeper
Susan Scarth

Signature President
Vincenzo Puxeddu